

RUSSIAN BALLET ACADEMY OF MI

Winter 2019 Schedule

First day January 13
Ages 3 1/2- adult

Sunday

- #1) 12:30-1:15 Adult (level-1) -TBA
- #2) 1:15-2:00 pre- ballet
- #3) 2:00-3:15 level-1 +stretch
- #4) 2:45-3:30 Level-2
- #5) 3:30-4:15 Stretch
- #6) 4:15-5:45 Level-3-5
- #7) 5:45-6:15 pointe
- #8) 6:15-6:45 variations
- #9) 6:45-7:30 private

Monday

- #0) 4:30-5:00 -Private
- #10) 5:00-6:15 level -2 ballet (+ stretch room B)
- #11) 5:45-6:15- private
- #12) 6:15-6:45 pointe (beg)
- #13) 6:45-7:15 floor barre
- #14) 7:15-8:30 level-3-5 (barre on pointe)
- #15) 8:30-9:30 Adults -1 (new group)

Tuesday

- #0). 10:45-11:45 private
- #16) 11:45-12:45 adult (level-2)

Wednesday

- #17) 8:20-9:20pm level -3
- #0) 9:20 - 9:50pm private

Thursday

- #0) 4:15-5:00 private
- #0) 5:00-5:15 private
- #18) 5:15-6:00 level-1
- #19) 6:00-7:15 level-2 (ballet+stretch)
- #20) 6:45-7:15 stretch
- #21) 7:15-8:30 level-3,5 (center& allegro)
- #0) 8:30-9:30 private

Friday

- #22) 11:00-12:15 adults level-1,2
- #0) 12:15-1:15 Judy private

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